

PERSONAL PROFILER



**Gaining
perspective
into your
behavior style
your relational skills
and your emotional
responses**

Psalm 139:14 *"I am fearfully and wonderfully made, wonderful are your works."*

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Personal Survey

#4 – Most like you

#3 – Somewhat like you

#2 – Not like you

#1 – Least like you

* There are 10 rows of words. Look at each row of 4 words going from left to right and think about how they describe you. Rank those words in the order of accuracy from 1 to 4. (#4 being the “Most like you” to #1 being the “Least like you”)

* Total your scores from each of the columns from top to bottom that is under each box and place the total of each column in the bottom. Then add all 4 totals and it must total up to 100. If it does not add to 100 then check your rows. Each row should all have a 1,2,3,4 — there should be no doubling up on the numbers.

- | | | | | | | | |
|---------|---------------|-----|--------------|-----|-------------|-----|--------------|
| 1) ___ | Cautious | ___ | Friendly | ___ | Determined | ___ | Talkative |
| 2) ___ | Controlled | ___ | Steady | ___ | Pioneering | ___ | Expressive |
| 3) ___ | Logical | ___ | Agreeable | ___ | Outspoken | ___ | Charming |
| 4) ___ | Tactful | ___ | Gentle | ___ | Bold | ___ | Attractive |
| 5) ___ | Careful | ___ | Likeable | ___ | Restless | ___ | Inspiring |
| 6) ___ | Accurate | ___ | Good Natured | ___ | Daring | ___ | Out Going |
| 7) ___ | Conscientious | ___ | Kind | ___ | Direct | ___ | Appealing |
| 8) ___ | Disciplined | ___ | Sympathetic | ___ | Competitive | ___ | Sociable |
| 9) ___ | Diplomatic | ___ | Considerate | ___ | Vigorous | ___ | Good Mixer |
| 10) ___ | Thorough | ___ | Easy Going | ___ | Dominant | ___ | Enthusiastic |

___ **TOTAL**

___ **TOTAL**

___ **TOTAL**

___ **TOTAL**

Adding up all your 4 TOTALS should come to 100

Scoring & Graphing

At the bottom of this paragraph you will see key letters. Write those Capital letters in their respective blank boxes at the top of each column on the first page, going from left to right, as seen in the example line.

C – 1st BOX **S** – 2nd BOX **D** – 3rd BOX **I** – 4th BOX

Plot your totals under each **D - I - S - C** column in the graph below. Mark your **plotting points** with an **X** — see the example. If your number is an odd number, mark the **plotting point** in between the even numbers.

Draw a straight line between each one of your **plotting points** — see the example.

Finally circle the plotting point with the **High Intensity**. The letter at the top of this column represents your **Primary Style**. You may find that you have a second highest point above the **Mid Range**. This is your **Secondary Style**.

	D	I	S	C
	40	40	40	40
	38	38	38	38
	36	36	36	36
	34	34	34	34
HIGH Intensity	32	32	32	32
	30	30	30	30
	28	28	28	28
MID Range	26	26	26	26
	24	24	24	24
LOW Intensity	22	22	22	22
	20	20	20	20
	18	18	18	18
	16	16	16	16
	14	14	14	14
	12	12	12	12
	10	10	10	10

EXAMPLE				
	D	I	S	C
	40	40	40	40
	38	38	38	38
	36	36	36	36
	34	34	34	34
	32	32	32	32
	30	30	30	30
	28	28	28	28
	26	26	26	26
	24	24	24	24
	22	22	22	22
	20	20	20	20
	18	18	18	18
	16	16	16	16
	14	14	14	14
	12	12	12	12
	10	10	10	10

Profile Interpretation

Understanding your personal style and gaining insight into the styles of others.

* Find the column with your **Primary Style**. If the graph indicates that you are a **High "S"**, your style is "**Steadiness**". Do the same if you have a **Secondary Style**.

Dominance

- * Focuses on solving problems and attaining results.
- * Assertive and likes to question the status quo.
- * Oriented towards independence.
- * Prefers an active direct approach.

"I like being in control, I know exactly what I want and how to get it, and I like challenges."

Influence

- * Influences, inspires, and convinces others.
- * Sociable and outgoing, impulsive, emotional and reactive.
- * Prefers to work with others rather than working alone.

"I like to tell stories, I enjoy being one that adds life to the party, and like the freedom from external controls."

Steadiness

- * Likes to maintain a stable, predictable and harmonious environment.
- * Tends to be a good listener.
- * Prefers to participate in a team rather than taking the lead.

"I like helping people, I enjoy working with a team who get along, and it's important for me to finish the job I started."

Conscientious

- * Motivated to ensure quality and correctness.
- * Is diplomatic and carefully weighs out all options.
- * Prefers clear expectations and standards.

"I prefer logic and systematic thinking, I enjoy collecting and analyzing info, and I like working with organized people."

Dominance

Increase your self awareness by understanding how your style impacts others

Be aware that others may prefer more time to weigh decisions. They might require further discussion and more time to get to know one another. Some people are more cautious than you are when making decisions.

Influence

Be aware that others may prefer shorter answers and less elaboration. They may be looking for basic facts and more of a methodical approach. Some people prefer a low-key and less intense approach when relating to others.

Steadiness

Be aware that others sometimes see the big picture and prefer making quick decisions. Some people prefer to challenge the status quo, preferring variety, diversity, and the spontaneous over routine and predictable outcomes.

Conscientious

Be aware that others may prefer a more open and direct communication style when confronting difficult issues. Some people can regard rules and standard operating procedures as flexible guidelines rather than going by the book.